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Bangalore Mirror

TEMP Max 28 | Min 20 | Humidity 79% Generally cloudy sky Sensex 57,145 | Nifty 17,016 | Gold 49,580 | Silver 56,639 | Dollar 81.48 | Euro 78.80 | GBP 88.46

Space for artists, cultural exchange, Venkatappa Art Gallery left in state of neglect; citizens, artists demand proper maintenance

STATE OF THE ART GALLERY

Citizens' forum raising voice on social media to save facility

Iffath.Fathima@timesgroup.com

TWEETS @BangaloreMIRROR

The Venkatappa Art Gallery situated on Kasturba Road, one of the few places in the city for artists to showcase their work, has been lying in a deplorable condition for some time now. Authorities concerned are not taking any interest in maintaining the historic art gallery established in 1967.

The gallery is situated next to the Visvesvaraya Industrial and Technological Museum. It attracts art lovers and tourists from all over Karnataka and elsewhere. Often, works would be showcased, artists would perform and citizens would frequent the gallery to get a glimpse of the goings-on in the world of art.

However, over the years the Venkatappa Art Gallery has been left in a state of neglect; with improper maintenance the place has been slowly

CONTINUED ON PAGE 6 »

Bangalore Mirror NAVARANG

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TODAY'S COLOUR RED

The grand Navaratri festival is here. It is time for you to join the festivities with **Bangalore Mirror-Navarang.** Ladies, the best part is you get a chance to dress up in sarees of the colour specified for the day. You can team up with favourite people and click group selfies in sarees. And, remember to follow the day's theme colour!

Send us your group selfies along with names, address and mobile number to our WhatsApp number latest by 5 pm daily

9591233247

The best group photos will get a chance be featured in BM-Navarang.

Please note-Tuesday's colour code is Blue

Manushri A, VK Navataare 2021 winner

Group photos sent would be used for other advertising purposes

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3 THINGS TO DO

01 Nature and beyond

"Invigorate through Nature" is a solo art show by artist Kayalvizhi Sethukarasu.
She is an established Indian contemporary and abstract artist. Born in Madurai, brought up and educated in Pondicherry, currently resides in Bengaluru, and she is an ambitious individual determined to embrace her art with every aspect of village lifestyle and environment.
Where: Sublime Galleria, UB City
When: Till Oct 6

02 Write out loud

Lahe Lahe brings to you an evening of baring your soul on paper. Every Tuesday, participate in a heart-plucking session of poetry, and good company. Come, share your poetry in a circle and unwind.
Where: Lahe Lahe, Indiranagar
When: Sep 27, 7.30-9.30 pm
Contact: 9886294444

03 Checkmate, peeps!

Bangalore Chess Club is an open chess community to join and be a part of! Come, play on the board chess with everyone, banter, trash talk and have fun! Bring your chess sets along.
Where: Lahe Lahe
When: Oct 2, 10am-1pm
Tickets: 9886294444

Infra call for better biz

City businessmen feel trade numbers are good but yet to match up to pre-covid times; they want more facilities like parking to aid shoppers

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharvMIRROR

After a gap of two years, shops are packed to the rafters with people stocking up on their festive buys and businessmen are hopeful that sales will shoot up even more. Several new trends are in the market and while traders are happy, they want government authorities to include parking spaces in the Central Business District area to facilitate shoppers.

The sales of electronic items, specifically, are back to pre-Covid times. Lalit Dakliya, vice-president, Bangalore Electronic Dealers Association, said, "The sales of mobile phones are back in business. Interestingly, we are not seeing much business in mobile phones which are priced less than Rs 10,000. However, the maximum demand is seen in gizmos which are priced between Rs 15,000 to Rs 35,000. Today, we are seeing customers who want the memory space in the range of 128 GB, 256 GB or 512 GB. But due to stiff competition from e-commerce sites, the demand for computer and other electronic items are down at brick-and-mortar stores."

The Bengaluru market is a huge one as we see close to Rs 350 crore business per month in mobile sales exclusively in general trade. If we include mobile sales of modern trade and other retail chains in the city, the business volume could be as huge as Rs 700 crore per month, said Praveen Chowhan, Secretary, Karnataka Mobile Distributors' Association.

Shoppers make a beeline for their favourite stores (file image)

Dakliya also added that their main concerns were support from BBMP and police. "We have met the police and requested them to give us permission for parking as without parking, customers won't come to shops and the CBD area has very limited parking. There is an empty space belonging to BBMP near Indira Canteen. So, we have requested the BBMP to come up with a multi-level parking like the one built at JC Road," he added.

Unless the infrastructure of the CBD areas was improved, there was no hope, said Gautam Chand, Secretary of Electrical Merchants Association. The roads are congested and no efforts are made. The white-topping roads at Avenue and Nagarathpet roads are going for more than four years and there are no signs of completion. I feel that as this area is mostly shops, the politicians think that there is nothing much at stake electorally. The area is also divided among four MLA constituencies which are also affecting the development.

Sajjan Raj Mehta, a trade activist said, "Due to more than sufficient rainfall, we are expecting good post-monsoon sales during Dasara and Deepawali. Our businesses have reached pre-Covid levels but yet to peak the pre-Covid business. With people returning to colleges and offices, we are seeing a demand spiking up of boot cut and wide leg jeans."

> **"We have requested the police to come up with multi-level parking on an empty space near Indira Canteen**
> - Lalit Dakliya, vice-president, Bangalore Electronic Dealers Association

Promotions are the need of the hour, said Rahul Goyal, Secretary of Karnataka Hardware and Allied Merchants' Association. "Last week, I was in Mysuru, and a few textile shops said that the businesses are yet to match pre-Covid levels. As far as hardware products are concerned, we are seeing improvement. Similarly, many are not going for interconnections at home. We have also seen a dip in demand for industrial pipes as these pipes are mostly supplied to restaurants and with many still not going to office, the restaurants in IT sectors are still not fully functional."

Suresh Hari, Chairman-CREDAI Bengaluru, however, was more optimistic as he felt the current festive season looks very promising. With physical attendance at officers being near normal, new home-seekers are more. "We expect good sales."

NGO on mission to save the humble lizard

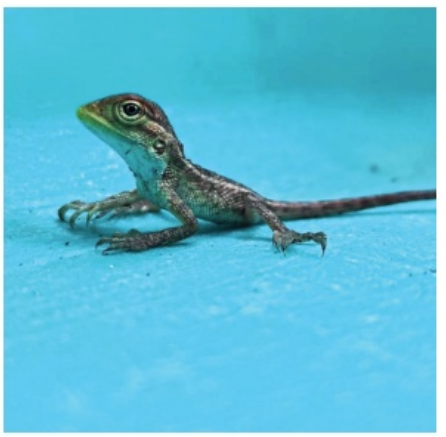
Melvin Mathew
c-melvin.mathew@timesgroup.com
TWEETS @BangaloreMIRROR

Bengaluru-based NGO People for Animals (PfA) is artificially incubating 22 lizard eggs at their facility in an attempt to increase the slowly dying population of house lizards. According to experts incubating lizard eggs is quite rare owing to difficulties in finding these eggs.

Lizards that are commonly seen in Indian kitchens are slowly disappearing from urban spaces and experts attribute their slow disappearance to multiple factors like pesticide use, road-kill, disturbance in the food chain, etc.

The NGO received 22 eggs of Oriental Garden lizard from a person in Bommanahalli.

Colonel (Dr) Nawaz Sharif, chief veterinarian, PFA Wildlife Hospital said, "The population of lizards is visibly on the decline in the city. With the disappearance of lizards, the population of smaller insects like flies and mosquitoes is increasing uncontrollably. Increase in pollution, becoming victim of road-kill owing to loss of habitat, use of toxic pesticides is some of the other reasons."



PfA is breeding the Oriental Garden lizard

Using 3-6 lakh worth artificial incubators, PfA is hatching the eggs in an oxygen-, humidity-, and temperature-controlled environment. Periodically, the eggs are moved inside the incubators automatically and panels outside display the respective levels. There are small compartments inside the machines where the eggs are kept, added Shariff.

Using candling technique -- where a light source is placed underneath the egg -- the stage, fertility and spices of the egg before placing inside the incubator. Dr Madhav of PFA said that reptile eggs do not require high temperature to incubate. "The portion inside the egg containing air is placed on top to allow breathing for the hatched animal. The eggs will be kept in the incubator for 51-60 days. Every five days, candling is done to take report of the development," he added.

Lizard eggs hatch at ideal 70 percent humidity and under 25–29-degree Celsius temperature. The breeding season for lizards is between the month of May to October and during October the NGO receives the most eggs. It takes roughly 51-60 days for the eggs to hatch.

According to an IISc research paper, with a loss of natural environment lizards have resorted to sleeping on urban structures that mimic their natural habitat. Researchers found that they were more likely to sleep in rough concrete blocks.

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4-7	IIT Madras	701-800
4-7	IIT Roorkee	701-800
4-7	Jawaharlal Nehru University	701-800
8	IIT Kharagpur	801-900

SOURCE: *https://www.shanghairanking.com/rankings/arwu/2022*

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BBMP's weapon of choice? Axe!

Citizens say BBMP's notice on felling trees in RMV 2nd stage is 'misleading'

Garima Prasher
c-garima.prasher@timesgroup.com
TWEETS @BangaloreMIRROR

The Bruhat Bengaluru's Mahanagara Palike (BBMP) issued a public notice on September 16 regarding the removal of 60 trees standing near the Radhakrishna Temple in RMV 2nd stage. According to the notice, the executive engineer of the stormwater drain has proposed axing these trees as they are standing within the project area for widening the drain.

However, citizens and tree activists say that the location of the trees mentioned in the notice is misleading.

"I visited the site recently and realised that while the notice says that the trees are near Radhakrishna Temple in RMV 2nd stage, the actual location is at least one km away from the temple. The location should be the stormwater drain area near Soundarya Park. The Palike must republish the notice with the correct address," said Dattatraya Devare, trustee, Bangalore Environment Trust.

The said drain also has many properties encroaching upon it. Netizens say the agency must demolish these illegal structures and carry out the widening instead of chopping old trees that are unsuitable for relocation.

"Encroachments must be removed before touching the trees. BBMP has already red-marked these 60 trees. The officials are taking the path of least resistance. It is a beautiful, wooded area. Although it was inundated this year, we should keep in mind that this year's rainfall was also unusual. To axe trees that are between the ages of 10 and 30 years is not the solution," said Susan, a resident.

BBMP's public notice mentions that 60 trees will be chopped as they are 'obstructing a project'

Locals say the veracity of this project needs to be ascertained and investigated.

The existing drain is fully built up, wide, and deep, said a concerned local. A proper study is needed before deciding that the drain requires widening. "Most importantly, while the park has open space to widen the drain, what happens upstream or further downstream where it is built up and widening is not possible? They have not thought this through. For instance, there is a big tree that is very far away from the drain but has been marked for felling," they added.

A senior BBMP official said that the body does not conduct any investigations before issuing public notices for felling down trees for infrastructure projects. These proposals to chop up trees are given by the engineers, and they do not believe in conducting any study to understand alternatives, the official said.

While the members of the Tree Experts Committee, along with officials from the Forest Department, will soon be inspecting the area, it is highly likely the plan will get approval, they added.

Public objection needed

Authorities said that citizens will have to pinpoint reasons why those trees should not be cut. Moreover, alternatives should be enlisted, they said.

"The public can object saying they do not want an expenditure-oriented concrete stormwater drain, but rather an unlined one with trees. Many countries across the globe are breaking down lined stormwater drains and converting them into unlined ones. Trees in case of unlined drains act as natural water retainers," said a BBMP official.

Experts say that the number of objections raised by city dwellers in response to public notices have been abysmal in the past.

"A good number of objections with data, photographs, and logical arguments will just do the trick," added Devare.

It's just 'rain, waterlogging, repeat' here

Although Richmond Road was developed under TenderSURE project, people want BBMP to take some responsibility, action

Y Maheswara Reddy
c-y.reddy@timesgroup.com
TWEETS @BangaloreMIRROR

Despite many instances of waterlogging at various areas in the city around 10 days ago, people think that the Bruhat Bengaluru Mahanagara Palike (BBMP) are not jumping into action.

Rain on Monday afternoon converted a stretch on Richmond Road into a 'pond', causing a lot of inconvenience to motorists.

Jagadeesh R, a two-wheeler rider, said, "I faced similar problems recently when this road was full of rainwater. I thought BBMP authorities will fix this last week, but I am shocked to see this road flooded again."

Pramod N, another two-wheeler rider, said that potholes were only adding to his woes.

A few motorists said that waterlogging has become routine on this road whenever it rains.

"I am not sure whether this road has a proper drain to carry rainwater to the nearest stormwater drain. It will be good if the BBMP authorities take measures to remove silt from the roadside drain, if the drain exists, to facilitate smooth flow of water," said Shanmugam K, a commuter.

People say that the BBMP neglecting maintenance of roadside drains has contributed to water accumulation after rains here

Motorists complain of routine waterlogging after every shower

Criticising the BBMP for spending crores of rupees for the development of roads in Bengaluru and 'neglecting the maintenance of roadside drains' to help prevent waterlogging during monsoons, Narayan S demanded the body's Chief Commissioner to initiate a suitable action against the engineer responsible for the crisis on Richmond Road.

He added that the BBMP engineer has to realise the importance of keeping the roadside drain clean for smooth flow of rainwater during the monsoon.

BBMP Executive Engineer Geetha said, "We are attending waterlogging problems even though Richmond Road was developed under the TenderSURE project. I have already deputed an assistant engineer to fix the issue."

Kathyayini Chamaraj, Executive Trustee, CIVIC Bangalore, told Bangalore Mirror that even though Richmond Road was developed under the TenderSURE project, it was the BBMP's responsibility to clean roadside drains.

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Banashankari

Slabs on the pavement near Monotype Bus stop in Banashankari need fixing.

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Royan Circle

The broken footpath near Royan circle has been fixed after BM's report on it.

Encroachment?

Jayanagar

Pedestrian space has been occupied by street food businesses in Jayanagar 9th block beside the government allocated water plant.

Bangalore Mirror NAVARANG

Celebration Partners:

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Navarang with Bangalore Mirror

Festivities are in the air and Bengalureans cannot keep calm over Navaratri!

From shopping to keeping the selfie game on fleek, citizens are making the most of this nine-day festival that is one of India's oldest festivals.

Bangalore Mirror has received an overwhelming response from the readers as many have sent their photographs and today, we are featuring the best of the lot.

The BM-Navarang celebrations are open for the next eight days and you can continue to join the Navaratri festivities with BM-Navarang by choosing the day-specific colour dress. As the entries are open only for group photographs, team up with your family, friends and colleagues, and send photos along with names, address to our WhatsApp number 9591233247.

The best group photos will get a chance to be featured in BM-Navarang. Please note: Wednesday's colour code is blue.

So, get dressed in the day-specific colour and send us your group selfies to the BM WhatsApp number. We shall select the best pictures and feature them!

9591233247

Dinamani and friends, Hebbal Kempapura

International Medical School, MS Ramaiah Campus

Lakshmi and friends, Nagarabhavi

KHB Platinum, Kengeri Satellite Town

Harshita and Bhavana

Vaishnavi and Varsha Chippalkatti, Basaveshwaranagar

When festivities lit up homes and offices

Bhuvana and friends, Kempapura

Say cheese: Women at their festive happiest

Janani English School, V Nagenhalli

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Sai Gruha Apartment, V Nagenhalli, RT Nagar

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Space for artists shrinking

CONTINUED FROM PAGE 1

falling into ruin. The art gallery comes under the department of archeology, museums and heritage; nothing much has been done for the upkeep of the gallery of late.

Furthermore, artists pointed out that when covid-19 hit, they were not allowed to perform — even after the pandemic, when everything went back to normal, the place was not open for the artists.

After much discussion and demands, artist Paramesh Jolad performed with some citizens in attendance. Jolad said that during the post lockdown period when some of the artists had gone to the gallery to perform, they were told the facility had been closed for repairs; but nothing has been done even now.

Jolad further said, "This problem has persisted for the last three years. We had complained multiple times about the sorry state of the place but no action was taken. There is only one spotlight; artists have to perform with one single light. The lift has been dysfunctional which is problematic for senior citizens. The paint on the walls inside and outside has faded off. The switch boards inside are broken. This place was built for artists to exhibit their work and for the practice of art itself, but it has been neglected to a large extent."

Sridhar Agalaya from the Venkatappa Art Gallery forum pointed out that no repair work had begun and the gallery has been as it was during pre-covid times: "It seems the government has purposely left it," he said.

Meanwhile, Sunita Kumar of We Love Cubbon Park, pointed at the ponds drying up the gallery premises. "The ponds are not getting any water; they are drying up. The horticulture department is holding the water from Bal Bhavan. The water is not coming into the pond from the lotus pond at Bal Bhavan. Trash is being thrown around the backyard of the art gallery; even the cement stones are damaged. Grasses are growing wild and need trimming. Some old rusted geyser and metal rollers have been lying on one side. The place has not been kept clean for long."

The gallery forum is now raising the issue on social media platforms to save the gallery.

In the meantime, Bangalore Mirror contacted the commissioner of department of archeology, museums and heritage, Devaraju A. He said: "I'm aware of the issues at the art gallery and have sent an engineer to check upon the problem. A detailed project report will be drawn and submitted to the tourism department. I have also spoken to the tourism department and have got a positive response from them to fix the issues. We are short of funds. We need funds exclusively for the Venkatappa Art Gallery to carry out the entire work. But we will manage all the work with the funds we have at the moment."

When asked why artists are not allowed to perform, he said: "There is water seepage in the wall; it might get risky for the artists. Hence we want to finish all the work and open it in one go."

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I Pallavi Kalekar W/o Vinod Kumar R/o #8/1, 1st Main,1st Cross, Nethaji Layout, Vijayanagar 2nd stage, Bangalore-560040 Have Changed My Name To Pallavi Vinod for all future purposes

I, NAHIDA AAFREEN D/o C.R. Amanullah R/a #7, Dr. Abdul Kalam Road, 1st cross, Umar Nagar, Arabic College Post, Bengaluru- 560045 have changed my name to A. NAHIDA AAFREEN vide affidavit dated 24.9.2022 before notary K.Venkateshan, B'lore.

I Shabana Begum Ayub W/O, Mohamed Ayub Khan R/o No 794, Kenchappa Garden, Chamundi Nagar Main Road, R T Nagar, Bangalore - 560032 have changed my name to Shabana Begum

I, HARISH KULKARNI, and Residing at G1, Swagat Srini dhi, 27, 3rd Cross, Subbanna Garden, Vijayanagar, Bangalore 560040 have changed my name to HARISH BHIMAJI KULKARNI vide affidavit dated 26.09.2022 sworn before notary B V Nagabhushana, Bangalore.

I, G PRAKASH RAO S/o S Govind Rao R/at No.89/B, 2nd Cross, Narayanlal Layout Rajarajeshwari Nagar, Bengaluru- 560098, have changed my name to G PRAKASH RAO JADHAV Vide affidavit dated: 8/8/2022 Before Notary Puttaramaiah Bangalore.

I, PRABHA BINDUMADHAV and Residing at No.104, Global Meadows Apartment, 3rd Main, 4th Cross, BEML Layout, Mylasandra, Bangalore 560059 have changed my name to PRABHA vide affidavit dated 23.09.2022 sworn before notary B V Nagabhushana, Bangalore.

I, KISHORE KADARI, and Residing at G1 No.23, Arthi Aprts, Binny Layout, Attiguppee, Bangalore 560040 have changed my name to KISHORE KATARI vide affidavit dated 23.09.2022 sworn before notary B V Nagabhu shana, Bangalore.

I Akhil Vaidyanathan Murugappan S/o Murugappan Palaniappan R/o #137, Chartered Grasshopper, Basapura Road, Near Hosa Road Junction, Bengaluru 560100 have changed my name to Akhil Vaidyanathan for all purposes.

I, Chaitra Prakash Vastrad, D/o. Prakash Siddaramayya Vastrad, R/o. ##166A, Phase -1, Classic Orchards Lyt, BG Road, Blr-76, have changed my name to CHAITRA VASTRAD for all purposes.

I, Priyanka Kumari w/o Ikshit Banerjee R/o Flat,C-504, Uma shree Dream World, Kudlu gate, Bengaluru 560068, have changed my name to PRIYANKA BANERJEE affidavit Dt.26/09/2022 notary, K.V Mani, B'luru

I, SUHAIL ABDUL LATIF, and Residing at No.20, 2nd Floor, 18th Cross, 23rd Main, Puttenahalli, Main Road, J P Nagar 5th Phase, Bangalore 560078 have changed my name to ABDUL SUHAIL vide affidavit dated 23.09.2022 sworn before notary B V Nagabhu shana, Bangalore.

I, ZAKIR HUSEN GAIBUSAB MOPAGAR, and Residing at No.504, Channappa Kalyani Road, Market Road, Nelaman gala, Bangalore Rural 562123 have changed my name to ZAKIR HUSSAIN MOPAGAR vide affidavit dated 23.09.2022 sworn before notary B V Nagabhushana, Bangalore.

I Latha C W/O, Raju Annamalai R/o No4.20/1a, Kms Layout, 1st Main, 2nd Cross, Vittasandra, Begur, Bengaluru-560068 have changed my name to Latha Raj C for all purposes.

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Tourists are stomping all over purple paradise

Environmentalists warn Neelakurinji flowers would be destroyed if proper regulations are not put in place at tourist spot

With tourists rushing to see the Neelakurinji bloom, nearly 15 tonne plastic waste generated within 15 days

Melvin Mathew
c-melvin.mathew@timesgroup.com
TWEETS @BangaloreMIRROR

Chikkamagalur has adorned purple attire as the shorter Neelakurinji-which blooms every 16 years blooming in all its glory. It has been attracting a large number of visitors from all parts of Karnataka. But environmentalists warn that without proper regulations, the flowers could be destroyed by tourists' presence.

Hundreds of tourists can be seen swarming to Mullayyanagiri peak in Chikkamagaluru to witness the blossoming Neelakurinji flowers. The flowers are slightly shorter than their Niilgiri counterparts and blossom only every 16 years. But the inconsiderate actions of tourists have the environmentalists concerned and are asking for authorities to regulate the area to prevent its destruction.

The place seeing heavy footfalls, especially on weekends is leading to plucking and stepping on the rare flowers. Visitors can be seen taking selfies and making videos without any care for the precious biodiversity. Dr Geetha, Founder of NGO Swacha Charitable Trust told Bangalore Mirror that it is quite unfortunate to witness the decimation of the rare flowers. "People are simply plucking the flowers and stamping on them while passing. Tourists should use the pathway provided and avoid getting inside the flower bed area," she added.

She added that it's the failure of the district administration to regulate the prevention of such destruction.

"There should be a complete stoppage of private vehicles and administration should provide for transport. Eatables and other consumables should not be allowed inside. Bathing inside the nearby waterfalls also should be strictly prohibited," she said.

Efforts for preservation

Raising alarm over the impact of tourists' presence, member of the State Wildlife Board, Girija Shankar said that signages prohibiting 'plucking of flowers' should be erected.

"These flowers are different from the Neelakurinji flowers growing in Nilgiri hills. Regional to Chikkamagalur, they are shorter than Neelakurinji and bloom every 16 years. The flowers bloomed in 1990, then in 2006, and now in 2022. This year, the whole hill has been enveloped with the flowers," added Shankar.

He added that people are standing on the flowers to take pictures.

"A large portion of the flowers bloom in Mullayyanagiri peak area and is seeing heavy footfalls. We have been asking the district administration to erect signages prohibiting flower plucking and awareness about the significance of the flowers. Most of the tourists are unaware of the significance of the flowers," he added.

> **We have been asking administration to erect signages prohibiting plucking the flowers**
> –Girija Shankar, State Wildlife Board

Experts highlighted that early erection of these signages could have prevented this treatment of the rare flowers. The unique flowers are expected to bloom for another 15-20 days and then again will bloom after a long wait of 16 years. The Neelakurinji flowers are a unique feature of Western Ghats and must be protected, urge environmentalists.

Environmentalists highlighted that without proper regulations, plastic pollution is also a major concern.

"There are several vendors on top generating huge quantities of trash. Estimated 1000 plastic bottles are sold every day. Even after Neelakurinji flowers season, trash management is a hurdle. Every year, we clean close to 10-15 tons of plastic waste but within 15 days of cleaning, the trash returns," said Karthik Aditya Belgodu from Namma Chikkamagalur Foundation.

Dr Sunil Panwar, Conservator of Forest, said there is a need to control the access. "Only specific areas should be thrown open to the public for exit from vehicles. The nuisance can be regulated by erecting boards," he said.

CRIME FILES

Bikeborne roadside marijuana sellers arrested

Police have cracked down on two-bike-borne people for selling marijuana on roadsides. They said that the two were arrested near Marappa Palya. The duo were reportedly parking their bikes and selling marijuana, and to avoid suspicion, the accused had hidden it in a large bag filled with clothes. Police said that they seized 2.1 kg of marijuana on the spot, and when they raided the houses of the accused, they found 21.20 kg more.

Missing school girls traced

It was a big relief for parents in the city as three girls who had gone missing from their homes on September 6 were finally found by cops in Chennai. These three minor girls had gone missing on their way to school. Police had earlier hit a dead end as there were no clues to trace them. They formed various teams in search of girls in all the districts of Karnataka, Puducherry, Tamil Nadu, Kerala, Telangana, and Maharashtra. Finally, they found out that the girls were working at a house in Chennai. They were brought back and handed over to their parents.

3 members of machete gang in police net

Police have finally arrested three people, including a juvenile, who were threatening people in the wee hours by brandishing a machete and robbing them. A case was filed on September 3 at Ashok Nagar police station when a person returning from work at 3:05 am was robbed.

The victim was assaulted in his knee with a knife. He was then robbed of his wallet, watch, and mobile phone. Police traced the accused with the help of CCTV images and the help of informers. After interrogating the three accused, they found out that the accused were threatening people walking on the streets in the early morning. Cases were filed in SR Nagar and Koramangala police station limits as well.

Mobile thief nabbed

The High Grounds police have caught a mobile thief who was targeting a lone woman. The modus operandi was such that he would flick away mobile phones being held in people's hands. A lady had lost her phone on September 18 at 8:20 am when she was waiting for a cab. Based on her complaint, police screened the nearby CCTV images before apprehending the thief who is said to be a habitual offender.

Couple of car thieves held

The Yelahanka police have caught a husband-wife duo who had run away with a cab after threatening the driver at knifepoint. The accused, Meke Manja and his wife Vedavati, had hired a cab on September 5 at night. They made the driver go around the city.

When the driver was about to doze off, Manja took over the steering wheel, robbed the driver of his mobile phone and watch, threw him out of the vehicle and drove away. The duo has been arrested.

First edition of DCL Champion league

DS-Max Swatantra won the first ever DS-Max Champion league held recently by beating DS-Max Sankalp Manor in the finals recently.

Around 16 teams from various DS-Max projects participated in the four-day event which was sponsored by State Bank of India, Union Bank of India, Pillar Five, RD TMT, Shashank Infra Projects, President TMT, TJSB Sahakari Bank Ltd and Krish-V.

The tournament was held on two weekends (September 17, 18, 24 and 25) at S Medihalli opposite DS-Max Spoorthi, Sarjapur-Attibele Road.

Speaking on the occasion, Dr KV Satish (Founder and Chairman) said, "Play and don't take yourself or the world seriously. Create reasons to celebrate."

With the success of the first edition, now all eyes are on the DS-Max Championship League Season-2 and the organisers are expecting residents of other apartment complexes to participate.

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NEAR KENGERI BUS TERMINAL METRO STATION,
MYSORE ROAD, KENGERI

Cycle lanes hijacked, destroyed: Cyclists

Private vehicle owners often violate cycle lane rules to avoid traffic

Shreyashi Mukherjee
c-shreyashi.m@timesgroup.com
TWEETS @BangaloreMIRROR

Citizens say cycling has become dangerous in the city due to a lack of well-maintained cycle lanes. They also say that two-wheelers just enter cycle lanes with impunity.

According to them, the cycle lane on Outer Ring Road no longer exists. Sathya Sankaran, Bicycle Mayor, said, "Very few cycle tracks have been put up in CBD and Outer Ring Road, and the cycle track in Outer Ring Road has been destroyed. We are left with hardly 5 km of cycle track in the CBD area." He added that cyclists are finding it difficult to ride during heavy traffic as there is no priority lane. There are lakhs of cyclists in Bengaluru, yet the facilities that they require are not being looked into, he lamented.

Shilpi Sahu cycles frequently through the Outer Ring Road. She said, "Bollards from the cycle lane in the Outer Ring Road have been removed. For the ongoing metro work, they were planning to remove the bollards from the bus lane, but they have removed them from the cycle lane as well. Now the cycle lanes are not safe for cyclists. People drive their vehicles quite fast on Outer Ring Road, and the cycle lanes were a safe option for people who are not so comfortable with cycling."

She added that to promote mobility, it is important to promote cycling and walking so that the usage of cars reduces, and for that to happen, it is important to have proper cycle lanes in place.

Bangalore Mirror
Follow lane discipline
Cyclists demand two-wheeler riders stay off their lanes; strict enforcement of safety norms

On March 8, BM had reported on the need to enforce lane discipline to free up cyclists' path

Cyclists also said that two-wheelers riders violate the lane by using it whenever there is traffic.

Arvind Dwarakanath, bicycle councillor, said, "The government is redoing some roads in ORR, so half of the lane has been destroyed and the other half is being violated by people with private vehicles. A good cycle lane exists in front of Jawaharlal Nehru Planetarium, but a lot of vehicles violate the lane. Even in front of Bangalore Turf Club, there is a lane that is violated by members of the club." Cyclists face problems when people violate the lanes and park their vehicles because they have to get off their cycles and drag them along, he explained.

Cyclists also said the entry points to cycle tracks have been blocked by poles and cables in Residency Road, making the track inaccessible for them. Kala Krishnamurthy, DCP, Northeast Division, said, "As of now, we are not doing anything about it."

When asked if there were any fines or penalties in place for people who use their bikes to commute through cycle lanes, a BBMP official said, "We will send someone to inspect the matter."

50-60% of tweets asked by govt to be blocked are "innocuous": Twitter to HC

Microblogging site Twitter on Monday claimed before the Karnataka High Court it was being asked by the government to block accounts, rather than just a tweet that was deemed improper, because of its political content.

As a platform it was affected by the Centre asking it to take down accounts without issuing notice to the alleged violators.Twitter said.

Many of the tweets being asked to be blocked were "innocuous."

The High Court was hearing a petition by Twitter against the Central government's orders asking it to block some accounts, URLs and tweets. Twitter had challenged the orders on grounds of violation of freedom of speech and the authorities not issuing notice to the alleged violators before asking the platform to take down content. The Ministry of Electronics and Information Technology (MeitY) had on September 1 filed a 101-page statement of objection to Twitter's petition.

Senior advocate Arvind Datar, appearing for Twitter online, argued the company was following the rules laid out in the Information Technology Act. He contended Twitter as a platform was affected by the Centre asking it to take down accounts without issuing notice to the alleged violators.

Another contention Datar raised was that instead of blocking the tweet deemed improper, it was being told to block the account itself because of political content. He cited the example of farmers' protest in Delhi against the earlier contentious farm laws and claimed content that was telecast in the news media was asked to be blocked on Twitter.

The High Court adjourned the hearing to October 17. **PTI**

Heavy damage on Kanakapura Road

Apart from putting commuters at risk, Heavy Transport Vehicles causing congestion in this area

Saumyangi Yadav
c-saumyangi.yadav
@timesgroup.com
TWEETS @BangaloreMIRROR

Residents of Kanakapura Road recently filed a complaint against the movement of Heavy Transport Vehicles (HTVs) in the area that make it unsafe for commuters, especially during rush hours.

VK Srivatsa, a resident and Secretary of Changemakers of Kanakapura Road (CMKR) Association, told Bangalore Mirror that many heavy vehicles like trucks and lorries enter the area through NICE road, hampering the safety of commuters as well as adding to traffic.

"It is illegal for these vehicles to enter during certain hours when the traffic is high, as announced by Traffic Commissioner Ravikanthe Gowda himself. Still many such vehicles can be seen on Kanakapura Road at all times. We have complained to the traffic police and the association is in touch with the Traffic DCP as well to solve this issue," he said.

Srivatsa added that residents suspect some HTV drivers of bribing authorities to allow them entry into the city premises despite it being dangerous. Locals say that the roads have already been narrowed due to several metro stations and pillars.

"HTVs should not be allowed as they just worsen the traffic condition in the area. Kanakapura Road has already become congested because of all the metro stations. In other nearby areas where metro construction work is going on, it becomes especially dangerous during high traffic conditions. School buses and private vehicles congest the road as there are several schools in the area. HTVs make it so dangerous for school children as well," said Aparna Acharya, a resident of the area.

Traffic Police say that they are trying to control the situation.

"On a daily basis, we book at least 20-30 cases against HTVs on the Kanakapura Road. But we are aware that still many cases are being reported of heavy vehicles being spotted on the stretch during rush hours. We are trying our best to curb these cases at the earliest," said Kuldeep Kumar R Jain, Deputy Commissioner of Police, Traffic West Division.

According to the rules, heavy vehicles are not allowed to move inside the city from 8 am to 12 pm and from 4 pm to 8 pm.

Recently, a fatal accident took place in the city involving an HTV last month. Traffic police say that they have been on guard about the issue. In other areas, traffic police are trying to curb these violations by stopping such vehicles at the borders.

Dreams and dementia

Nightmares are a good predictor of future dementia reveals a new study

We spend a third of our lives asleep. And a quarter of our time asleep is spent dreaming. So, for the average person alive in 2022, with a life expectancy of around 73, that clocks in at just over six years of dreaming.

Yet, given the central role that dreaming plays in our lives, we still know so little about why we dream, how the brain creates dreams, and importantly, what the significance of our dreams might be for our health – especially the health of our brains.

My latest study, published in The Lancet's eClinicalMedicine journal, shows that our dreams can reveal a surprising amount of information about our brain health.

More specifically, it shows that having frequent bad dreams and nightmares (bad dreams that make you wake up) during middle or older age, may be linked with an increased risk of developing dementia.

In the study, I analysed data from three large US health and ageing studies. These included over 600 people aged between 35 and 64, and 2,600 people aged 79 and older.

All the participants were dementia-free at the start of the study and were followed for an average of nine years for the middle-aged group and five years for the older participants.

At the beginning of the study (2002-12), the participants completed a range of questionnaires, including one which asked about how often they experienced bad dreams and nightmares.

I analysed the data to find out whether participants with a higher frequency of nightmares at the beginning of the study were more likely to go on to experience cognitive decline (a fast decline in memory and thinking skills over time) and be diagnosed with dementia.

Weekly nightmares

I found that middle-aged participants who experienced nightmares every week, were four times more likely to experience a cognitive decline (a precursor to dementia) over the following decade, while the older participants were twice as likely to be diagnosed with dementia.

Interestingly, the connection between nightmares and future dementia was much stronger for men than women.

For example, older men who had nightmares every week were five times more likely to develop dementia compared with older men reporting no bad dreams. In women, however, the increase in risk was only 41 per cent. I found a very similar pattern in the middle-aged group.

Overall, these results suggest frequent nightmares may be one of the earliest signs of dementia, which can precede the development of memory and thinking problems by several years or even decades – especially in men.

Alternatively, it is also possible that having regular bad dreams and nightmares might even be a cause of dementia.

Given the nature of this study, it is not possible to be certain which of these theories is correct (though I suspect it is the former).

However, regardless of which theory turns out to be true – the major implication of the study remains the same, that is, that having regular bad dreams and nightmares during middle and older age may be linked to an increased risk of developing dementia later in life.

The good news is that recurring nightmares are treatable. And the first-line medical treatment for nightmares has already been shown to decrease the build-up of abnormal proteins linked to Alzheimer's disease.

Case reports have also shown improvements in memory and thinking skills after treating nightmares.

These findings suggest that treating nightmares might help to slow cognitive decline and to prevent dementia from developing in some people. This will be an important avenue to explore in future research.

The next steps for my research will include investigating whether nightmares in young people might also be linked to increased dementia risk.

This could help to determine whether nightmares cause dementia, or whether they are simply an early sign in some people. I also plan to investigate whether other dream characteristics, such as how often we remember our dreams and how vivid they are, might help determine how likely people are to develop dementia in the future.

This research might not only help to shed light on the relationship between dementia and dreaming, and provide new opportunities for earlier diagnoses – and possibly earlier interventions – but it may also shed new light on the nature and function of the mysterious phenomenon that we call dreaming.

Abidemi OtaikuNIHR, University of Birmingham, The Conversation

MIRRORLIGHTS

Hydrotherapy exercises can help with joint pain

Particularly effective treatment for illnesses like arthritis and its complications is hydrotherapy or water therapy. In contrast to aqua aerobics, which typically entails physically demanding activities in the water Hydrotherapy, also known as aquatic therapy, can be beneficial for those with joint discomforts.

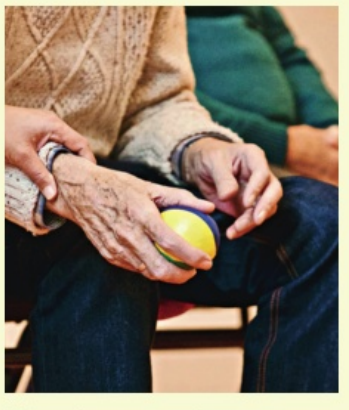
What is Hydrotherapy exercise and how to do It?

Exercise that is done in a swimming pool is referred to as hydrotherapy exercise. The pool's depth is between the shoulders and the waist, and the water is kept at a comfortable temperature.

Exercises for hydrotherapy are typically carried out with the assistance of a physical therapist, somewhat similar to water aerobics sessions.

Apart from reducing the symptoms of joint pain and arthritis, hydrotherapy is also used to promote relaxation Improve blood circulation, and ease anxiety, depression and pain.

Surprisingly, the majority of arthritis sufferers avoid activities because they think doing them will make their disease worse and make them feel awful. Even though land treatment is crucial for treating arthritic symptoms and



joint pain, most patients report that these exercises hurt their joints and they don't like doing them.

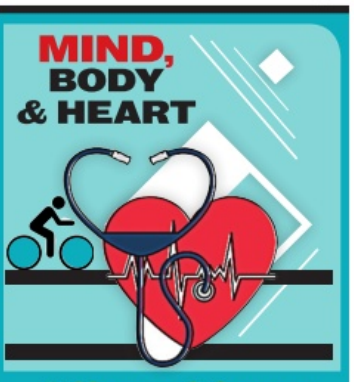
However, such patients find alleviation with hydrotherapy.

Benefits of Hydrotherapy

It can be an effective therapy to treat chronic pain.

The therapy helps to loosen the tight, tense muscles while promoting relaxation. The water in the pool provides resistance to moving the joints. When someone pushes their legs and arms against the water, it assists in improving the muscle strength Hydrotherapy also increases cardiorespiratory fitness, which is essential for good heart health Studies have also shown that specific inflammatory markers can decrease with hydrotherapy.

—IANSlife



All problems solved

Dear Coleen

My wife has told me she'll leave me unless I get my anger issues under control.
I am quite an angry person in that it doesn't take much to make me lose my cool, and I end up shouting. We have two children, so life at home can be stressful, but my wife is able to deal with things much better than I am.
I want to change, but I'm not sure how to. Do you have any advice before my marriage hits the rocks?

COLEEN SAYS

I really admire your wife for telling you this. You don't want your kids growing up around anger and shouting. You can try anger management counselling, which will give you tools to cope when your feel anger rising. Go into it positively and keep going for as long as you think you need to.

I think it would help to find out why you're holding onto all this rage – the anger must be coming from somewhere and could even go back to your childhood. Maybe you grew up in an angry house.

Again, counselling will help you work through this.

You can change – I've met people who have dealt with anger very successfully through counselling. And you can come out the other side and save your marriage and yourself – being angry all the time is a very tiring way to live.

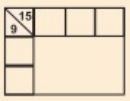
I always deal with anger by removing myself from the situation until I'm able to talk about things calmly. It seems simple, but it works. You just have to be consistent. Good luck.

—Coleen Nolan, Daily Mirror

mybangaloremirror@timesgroup.com
facebook.com/theBangaloremirror
@BangaloreMirror

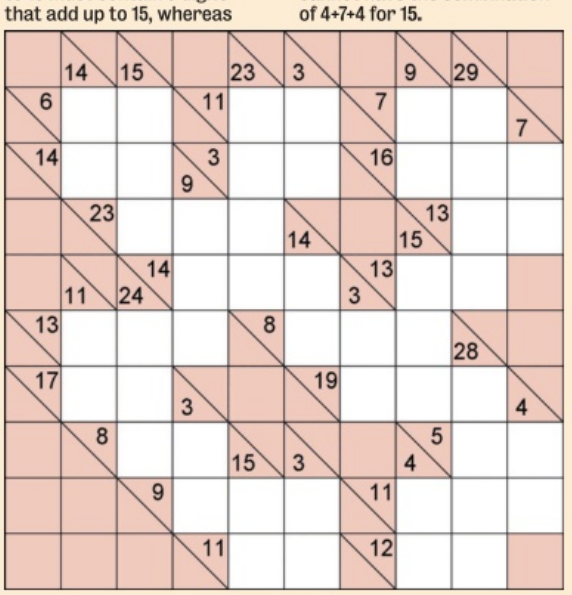
Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

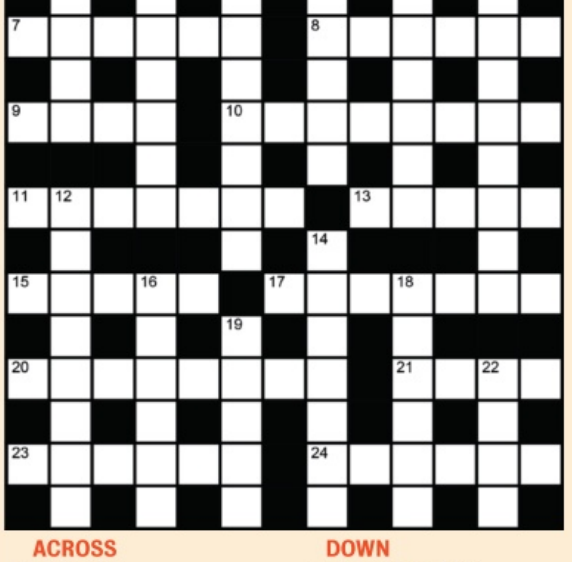


for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



Quick



ACROSS

7 On fire (6)
8 Sounds of bells (6)
9 General location (4)
10 Seashore (8)
11 Boastfulness; selfishness (7)
13 Lieu (5)
15 Pierces (5)
17 Fierce, brutal or barbarous persons (7)
20 Opera texts (8)
21 Competed in dive (4)
23 U2's "The ___ Tree" (6)
24 Historical records (6)

DOWN

1 A long way off (4)
2 Dark rock of volcanic origin (6)
3 Infernal, like Hades? (7)
4 Very severe (5)
5 Provide with what's necessary? (3,3)
6 NE US state (8)
12 Eliminated (3,3,2)
14 Dynasty which ruled the Kingdom of Mysore from 1399 to 1947 (7)
16 Origins or inceptions (6)
18 Lal Krishna ___ : BJP leader (6)
19 Comedian Mr. Dutt (5)
22 Vogue competitor (4)

Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

Today's CLUE: V EQUALS O

JR RCLWO C YUWCR PCH RV QW C YVVT NJORWHWU.

Linemaro

I admire your patience

Mindchow

A lie goes halfway round the world before the truth gets a chance to put its pants on

Joke of the day

Always go to other people's funerals; otherwise, they won't come to yours

Loop

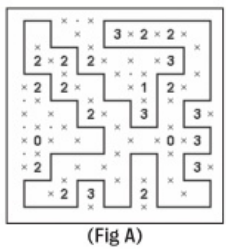
Rules

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

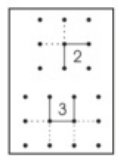
How to begin:

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

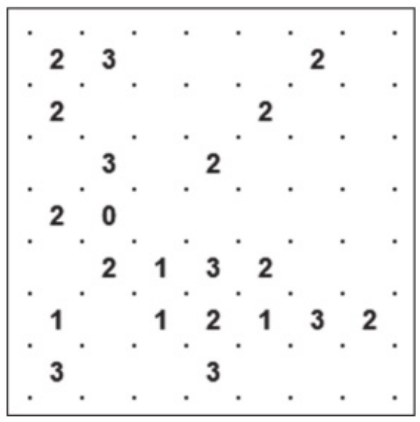
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



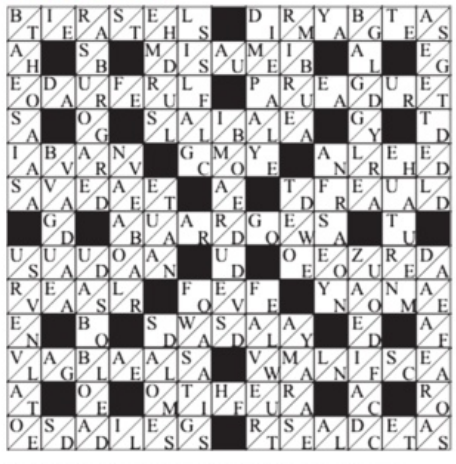
(Fig A)



(Fig B) Not Allowed



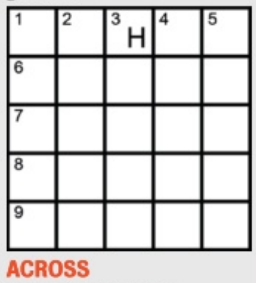
Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...



ACROSS

1 I bash; 6 Pure N; 7 Uglis; 8 If ell; 9 Aloft

DOWN

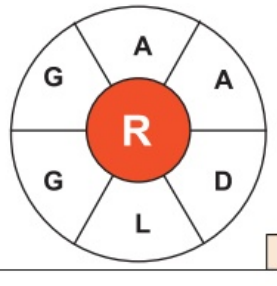
1 If FPS; 2 Grail; 3 HL Lou; 4 Ulna I; 5 Beets

Mensapuzzle

Spiral clockwise round the perimeter and finish at the centre square to spell out a nine letter word. You must find the starting point and provide the missing letters.

	T	I
E		M
T	N	O

Bull's eye



How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

03 Average; 04 Good; 05 Outstanding

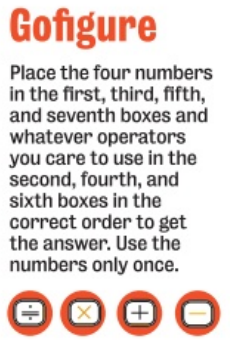
SudokuChallenge

8			7	5				2
9						4	7	
5			6		4			
			4	6			5	
3	4						6	1
	7			1	8			
			5		9			6
	9	1						4
4				2	7			3

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.



Hocusfocus

Find at least six differences in details between panels.

Differences: 1. Hat is smaller. 2. Earring is smaller. 3. Hand is moved. 4. Lapel is different. 5. Hat on table is reversed. 6. Frame around mirror is wider.

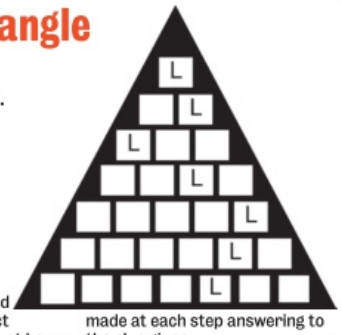
Riddler

If you're good at solving puzzles, these will be easy. Every answer is a two-word phrase in which the first word begins with "BE" and the second with "ST".

1.)Nickname for Utah. BE_ _ _ _ _ ST_ _ _
2.)One jewel of horse racing's Triple Crown. BE_ _ _ _ ST_ _ _ _
3.)Cause of red bump on the skin. BE_ ST_ _ _

Alpha triangle

1 Learner's plate
2 Spanish article
3 General Robert E.
4 Long fish
5 Bhilai product
6 Pay up
7 Boilers



Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

COMICS

Redeye by Mel Casson

WHAT MADE YOU DECIDE TO BECOME A MEDICINE MAN?
MY MOTHER WANTED ME TO GO INTO MEDICINE
ACTUALLY, I ALWAYS WANTED TO BE A CARPENTER
7-13

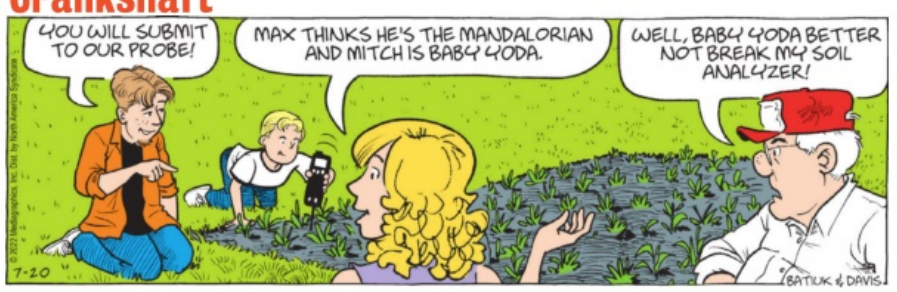
Bizarrotrip

Diamond Lil

Hart of the city

I BUY FROM TOM'S CLUB, THEN I SELL IT TO MY TEAM.
CEO
THEN THEY SELL TO THEIR TEAM, AND I GET ALL THE MONEY FROM THEM BUYING MY STOCK!
GO DEERS!
LUNCH!
THAT SOUNDS LIKE A PYRAMID SCHEME.
PYRAMID? LIKE THE EGYPTIANS? WERE THEY BUSINESS SAVVY TOO?

Crankshaft


YOU WILL SUBMIT TO OUR PROBE!
MAX THINKS HE'S THE MANDALORIAN AND MITCH IS BABY YODA.
WELL, BABY YODA BETTER NOT BREAK MY SOIL ANALYZER!
7-20
BATIUK & DAVIS

Mutts

WHAT YOUR STARS SAY TODAY

Aries Mar 21 – Apr 20
Today you may find yourself in a self-analysis state, which will bring some confidence to you. Your focus towards your goals is now clear. You may be able to achieve all your targets. Your creativity might improve, and you will take an interest in artefacts, movies, and glamour. At the end of the day, you may be satisfied with your life.

Taurus Apr 21 – May 20
Today you may help needy people around you. It will increase your reputation in society. New ideas may come into your mind. You are likely to help other people around you. You might implement new innovations into the work, which may boost your business. Lovebirds may plan for outings.

Gemini May 21 – Jun 21
Today you may be dissatisfied. You may have some sort of detachment from your responsibilities, which can confuse you. You may plan hypothetically for your projects. You are advised to be practical in your work to complete it on time. You must take care of your parents.

Cancer Jun 22 – July 23
Today is a positive day for you. You may get success due to your hard work on both the professional and domestic front. You may have a good focus and you will complete your work on time, which can improve your self confidence. You may also expect some work-related short trips, which will be beneficial in the near future in terms of your network.

Leo Jul 24 – Aug 23
Today you may be busy with domestic issues. You may spend money on buying some artefacts or household items. You are advised to control your expenditure on worthless items, otherwise it may attract negative energy in the house. You are also advised to control your way of speaking with the people around you.

Virgo Aug 24 – Sep 23
Today you may feel comfortable after a messy situation. Your vitality will help you to implement some difficult decisions in your family business, which will help it to grow. You may help needy people around you, which may increase your social respect.

Libra Sep 24 – Oct 22
Today you may feel dull, and your health may not be good.
You may also have anxiety and restlessness. You are advised to postpone any important investments in your business or in real estate. You are also advised to avoid rash driving. You should avoid long-distance travelling too. You may do some meditation for sound sleep.

Scorpio Oct 23 – Nov 22
Today, help from your elders will make you happy. Your investments can bring you profits. Losses are converted to profits now. Your savings may boost your bank balance. You may plan to invest in your child's future. You may also enjoy some delicious food at home. Your problems related to throat, teeth, ears, or nose may be resolved now.

Sagittarius Nov 23 – Dec 22
Today you will be blessed by your elders. Your patience can be very good. So is your focus towards your work. Parents' health is okay now. You are likely to spend your time with your elders. You may also meet some influential people who will help you on the professional front. You may also enjoy romantic moments with your spouse.

Capricorn Dec 23 – Jan 20
Today you may feel spiritual. You may help needy people around you. You may also plan to donate to charity. Your good karma may help you get success in difficult projects. You may feel some divine power around you which may help you in unpredictable situations. You may be attracted to the occult. Students are likely to enjoy studying in depth.

Aquarius Jan 21 – Feb 19
Today you may feel dull. You may be a victim of hidden fear, which can make you scared. You are not in a situation to trust anyone. It is advised to do meditation or chant some mantras. It may help you come out of this situation. With the help of elders, you may feel better.

Pisces Feb 20 – Mar 20
Today you may be busy at work. Your network may be increased, and with the help of it, you are likely to get a big order in terms of business. You are likely to start innovations in partnership. You may get some investments in your business, which will grow it in the near future.

KIDZONE

Hemprakash H, 5 Years, Sri Chaitanya Techno School

Tanisha V Dhariwal, 7 Years, BVM Global School

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

SOLUTIONS

SOLVE IN 1M
=9½+9=
=(3²)½+1
=3+1
=4

BULL'S EYE
agar, drag, grad, LAGGARD, lard

STRIKE OUT

E	D	D	I	E	S	R	E	A	C	T	S			
T	E		O	T	H	E	R		A	R				
S		S	A	B	L	E		G		D				
S	A	D	A	T		A	T	R	E	A	D			
I	V	A	N		C	O	Y		A	L	E	E		
T	E	A	S	E		I	M	A	G	E	S			
H	B		M	I	A	M	I		A		E			
L	A	B	E	L	S		V	A	L	I	S	E		
E		B		S	A	D	L	Y		D		F		
V	E	A	L		F	E	B		N	O	N	E		
S	U	D	A	N		D		O	O	Z	E	D		
	G		B	U	R	R	O	W	S		T			
S	T	A	B		S	A	V	A	G	E	S			
E	G	O	T	I	S	M		S	T	E	A	D		
A	R	E	A		L	I	T	T	O	R	A	L		
	A		S		L		U		T		L			
A	F	L	A	M	E		C	H	I	M	E	S		
J	O	S	H	U	A		A	N	N	A	L	S		
	L		T		P		Y		A		L			
L	I	B	R	E	T	T	I		V	I	E	D		
	R		I		U		D							
S	T	A	B		S	A	V	A	G	E	S			
	O				W									
E	G	O	T	I	S	M		S	T	E	A	D		
A	R	E	A		L	I	T	T	O	R	A	L		
	A		S		L		U		T		L			
A	B		H		A		F		I		E			

FAST FIVE

S	A	H	I	B
P	R	U	N	E
I	G	L	U	S
F	I	L	L	E
F	L	O	A	T

SUDOKU

8	1	4	7	5	3	6	9	2
9	6	3	2	8	1	4	7	5
5	2	7	6	9	4	1	3	8
1	8	9	4	6	2	3	5	7
3	4	2	9	7	5	8	6	1
6	7	5	3	1	8	2	4	9
2	3	8	5	4	9	7	1	6
7	9	1	8	3	6	5	2	4
4	5	6	1	2	7	9	8	3

MENSA PUZZLE
TESTIMONY.

RIDDLER
1.) Beehive State,
2.) Belmont Stakes,
3.) Bee Sting

QUOTE UNCODE
It takes a great man to be a good listener.

QUICK

A	B		H		A		F		I		E			
	L													
A	F	L	A	M	E		C	H	I	M	E	S		
J	O	S	H	U	A		A	N	N	A	L	S		
	L		T		P		Y		A		L			
L	I	B	R	E	T	T	I		V	I	E	D		
	R		I		U		D							
S	T	A	B		S	A	V	A	G	E	S			
	O				W									
E	G	O	T	I	S	M		S	T	E	A	D		
A	R	E	A		L	I	T	T	O	R	A	L		
	A		S		L		U		T		L			
A	B		H		A		F		I		E			

ALPHA TRIANGLE
L, El, Lee, Eels, Steel, Settle, Kettles.

GO FIGURE
Easy
7 − 6 + 4 − 1 = 4
Medium
7 − 2 × 3 − 4 = 11
Hard
2 − 4 − 5 + 8 = 1

LOOP

·	·	3		3		3		3		3		3	·	·
·	·		2		2		2		2		2		·	·
·	·	2		3		2		2		3		2	·	·
·	·		2		2		2		2		2		·	·
·	·	2		3		2		2		3		2	·	·
·	·		2		2		2		2		2		·	·
·	·	2		3		2		2		3		2	·	·

KAKURO

		6	5	1		9	2		3	9				
	9	5		9	2	1		7	8	1				
	6	8	9	4		2	6	1		7	3			
8			7	1			9	7	4	1				
4	8	9	2		1	9	2	8						
	3	8	2		5	1	2	9	4					
	1	4	9	8		6	8	9	5					
	9	6	8	3		4	9	2						
	5	1	9	2		3	2	5	7					

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Every day is a new day

Actor Manushi Chhillar speaks about experiences on the set

Former Miss World and Bollywood actress Manushi Chhillar, who made her debut with 'Samrat Prithviraj', has been signed with John Abraham for 'Tehran', a film inspired by true events. The project is proving to be a great learning experience for the actress.

Talking about her experience on the project so far, Manushi said: "'Tehran' has been an exciting learning experience for me. I love how differently I get to showcase myself as an actor."

She is living every moment of her journey as a growing actress, adding further: "Since my career in cinema has just begun, every day feels like my first day on set. There is so much to absorb and take mental notes of."

She is glad that she got to dabble in very different types of films. "With a historical (Samrat Prithviraj) and now this, I have got to taste two very different genres. More to look forward to," she said. **IANS**

Manushi says every day feels like the first day on set for her as there is so much to learn and take note of

Suman is all smiles

Suman Ranganath, who made her debut in Sandalwood with CBI Shankar that released in 1989, is gung-ho about her latest movie Thothapuri that is scheduled for release on September 30. Suman may or may not be aware that Shankar Nag with whom she was paired in CBI Shankar died on the same date (September 30). Suman plays Sister Victoria in Thothapuri. She was the major attraction at a song release event organised at Mantri Mall on Sunday evening.

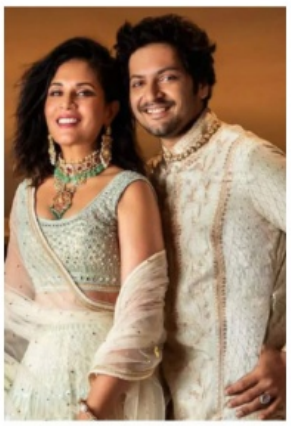
Suman was happy when actor-cum-politician Jaggesh, who is also known as Navarasa Nayaka, reminded her about her performance in CBI Shankar for the song – Geethanjali – with Shankar Nag. She was all smiles when Jaggesh said he was lucky to act in Thothapuri with beautiful ladies such as Suman Ranganath, Adhithi Prabhu Deva and Veena Sundar.

Thanking producer KA Suresh for taking care of her during the shooting, Suman described Suresh as one of the best producers in the Kannada film industry. "I am reluctant to attend public functions and film events but I could not say no when producer Suresh asked me to attend this. I had a wonderful experience during the shooting. I am paired opposite Dhananjay who is a fantastic actor. Acting becomes easy for me while acting with such actors," said Suman.

She described Adithi as a wonderful actress. Adithi shakes a leg with Suman for a song – Baglu Tegi Meri Jaan. "I appeal to all movie buffs to watch Thothapuri at theaters," she said."

—Y Maheswara Reddy

Gerard Butler, Judi Dench amongst invitees for Richa-Ali wedding



Hollywood personalities such as Gerard Butler and Judi Dench, who have worked with Indian actor Ali Fazal, will be seen attending his wedding with actress Richa Chadha.

Richa and Ali's wedding is now only days away as the actors are soon set to jet off to New Delhi to begin their celebrations. According to sources, those invited to the Mumbai reception are Ali Fazal's co-actors from 'Victoria and Abdul' legendary Dame Judi Dench has been invited and so has Gerard Butler, who Ali co-stars with in his upcoming Hollywood film 'Kandahar'.

Amongst others, Ali has also invited important production people from Hollywood and even the cast of spy thriller series 'Tehran' are on the guest list.

The wedding celebrations are expected to start within days from now in New Delhi and will finally conclude on October 4 in Mumbai. **IANS**

On traditions

The muhurat function of Samskara Bharath was held at Ganesh Temple, Rajajinagar on Monday. It is based on a novel Anamika and other stories written by Naagesh. It is Ashok's second movie. Ashok plays the lead role. Earlier, he has acted as Yash's friend in Gajakesari and Mr and Mrs Ramachari.

"The story of this movie is based on one of the stories – Anamika - written by me. The novel was released in 2019. I am grateful to the producer for giving me an opportunity to direct it," said Nagesh.

He claimed he entered Sandalwood with an ambition of becoming a director two decades ago and worked under a few Kannada directors. "The story of this movie revolves around a Kannadiga who happens to join a team to research Indian traditions and customs. I want to highlight the Indian traditions and customs and it will convey a message to society, especially youth who either have no time or are not inclined to know about traditions," he said.

He said Archana is playing the lead female role. Her character wants to imitate western culture. Its shooting is expected to commence at Kundapura on Tuesday. "We have planned to complete the shooting in three schedules in Kundapura and Bengaluru," he said. **—Y Maheswara Reddy**